

Spencer Hockey Academy

Players Code of Ethics

- Each player must always be on time for classes, practices, bus pick-ups, and meetings. **Lombardi time: Always be ten minutes early.**
 - **Classes:** there are no excuses for students being late. The hockey schedule does not interfere with class times at all.
 - **Practices:** Students will need to be dressed and ready to go on the ice ten minutes prior to practice times. Being late for ice time will not be tolerated.
 - **Bus Pick-ups:** Students must be on time for bus pick-ups, both at school and at the rink after practice.
- During practice- appropriate designated jersey color, full equipment at all times.
- Each player must demonstrate satisfactory work habits or better in all their courses.
- Player must always stick to a discipline diet. Pop, chips, or candy are not approved during school days; try and consume as much water or carbohydrate drinks as possible. Plan, with assistance from your instructor, your meal schedule for maximum energy at practice time; as well as provide yourself with the appropriate foods, such as fruits, nuts, protein bars, for after the practice to restore your energy.
- Nothing is to be left on the floor of the dressing room after practice i.e. food wrappers, water bottles, tape etc. Respect the room like it is your parents' living room.
- Each player must show respect to the Spencer Middle School staff at all times.
- Each student will follow the Spencer School star matrix.
- Each player must show respect any volunteers involved with the Spencer Hockey Academy

If any of the before mentioned are not maintained the student will be placed on probation for a term and if there is not a change, the student will be removed from the program so that their academic needs can be met. They can reapply for the hockey program the following year pending a change in school achievement.

Student Print Name

Parent Print Name

Student Sign

Parent Sign